



LINE DANCE

with *Cynthia*

MONDAY NIGHT LINE DANCE

Line dancing builds and promotes cardiovascular health through physical workouts of varying intensity. A foundation for dance experience that enables you to have balance, rhythm, timing, and better posture.

Day: Monday
 Date: **Course # W11131:** January 10 - 31
Course # W11132: February 7 - 28
Course # W11133: March 7 - 28
Course # W11134: April 4 - 25
 Time: 6:30 p.m. - 7:30 p.m. Beginner
 7:30 p.m. - 8:30 p.m. Intermediate
 Fee: \$25 per person
 Age: Adult
 Location: Kiwanis Center

TUESDAY LUNCHTIME LINE DANCE

Join us for a fun and energetic way to exercise and learn how to line dance as well. You will learn the basic steps that can be incorporated into the songs of yesteryear and the latest hits of today!

Day: Tuesday
 Date: **Course # W11138:** January 11 - February 1
Course # W11139: February 8 - March 1
Course # W11140: March 8 - 29
Course # W11141: April 5 - 26
 Time: 11:30 a.m. - 12:30 p.m.
 Fee: \$25 per person
 Age: Adult
 Location: Kiwanis Center

BEGINNING LINE DANCE WORKSHOP

This workshop is for those of you that want to learn/review the basic steps of line dancing. We will review the latest dance steps and incorporating them into the latest beginner dances.

Day: Saturdays
 Dates: **Course # W11135:** February 26
Course # W11136: March 26
Course # W11137: April 30
 Time: 10:30 a.m. - 2:30 p.m.
 Fee: \$10 per person
 Age: Adult
 Location: Kiwanis Center



INTERMEDIATE WORKSHOP AND OPEN DANCE

This is a non-stop dancing event. We will begin with the workshop and improve our dancing skills. Then we are off for dinner at a local restaurant in Fayetteville. If you have registered for both sessions, you will return for the evening open dance session of more dancing.

Day: Saturdays
 Dates: **Course # W11142:** January 15*
Course # W11143: February 19
Course # W11144: March 19
Course # W11145: April 16
 Fee: \$10 per person Workshop
 1:30 p.m. - 6:00 p.m.
 \$5 per person Open dance
 8:00 p.m. - 11:00 p.m.
 Age: Adult
 Location: Kiwanis Center

Participants may register for each workshop, open dance class, or both.

*Please note the January 15th workshop only will be from 4:45 p.m. - 7:45 p.m.

Registration required one week prior to the beginning of each class. Only dance participants are allowed to stay in classroom. Dates are subject to change at any time. For additional information contact Cynthia Baldwin at 770.487.3730 or 404.317.4779

DON'T FORGET TO REGISTER FOR PROGRAMS BY THE COURSE CODES LISTED WITHIN THE DESCRIPTION OF THE PROGRAM.